**CURRENT ACTIVITIES AT CULTS PARISH CHURCH 2022-2023**

**WC QR:** Worship Centre, Quarry Road  
**CKC:** Cults Kirk Centre, 404, N. Deeside Rd.

**MONDAY:**
- **Probus Book Group:** 10am to 12 noon.  
  - **CKC**  
  - 1st of the month
- **Lunch Club:** 12 – 2pm.  
  - **CKC**
- **Knit & Natter:** 2pm-4pm.  
  - **CKC**  
  - Fortnightly
- **1st Cults Brownies:** 6 pm-7.30pm.  
  - **CKC**
- **Yoga:** 6.30pm -7.30pm  
  - **CKC**

**TUESDAY:**
- **Hub café:** 10am – 2 pm.  
  - **CKC**
- **Pilates:** 10am – 12 noon  
  - **CKC**
- **050 Bridge & Scrabble:** 10-12 noon  
  - **CKC**
- **Nimble Thimbles:** 1.30pm -4pm.  
  - **WCQR**
- **Church Guild:** 2 pm -4 pm.  
  - **CKC**  
  - Fortnightly
- **1st Cults Rainbows:** 4.30pm- 5.30pm.  
  - **WCQR**
- **3rd Cults Brownies:** 6 pm-7.30pm.  
  - **CKC**
- **2nd Cults Brownies:** 6.15pm -7.30pm.  
  - **WCQR**
- **1st Cults Guides:** 7.30pm – 9 pm.  
  - **WCQR**

**WEDNESDAY:**
- **Hub Café:** 10am – 2pm.  
  - **CKC**
- **Yoga:** 9.30am-10.30am.  
  - **CKC**
- **Flower Class:** 2 pm -4 pm.  
  - **WCQR**
- **Sporty Fit Class:** 6.30pm-7.45pm.  
  - **CKC**
- **Aberdeen Concert Band:** 6.30pm - 9.30pm.  
  - **WCQR**
- **Yoga:** 7 pm-8 pm.  
  - **CKC**

**THURSDAY:**
- **Hub café:** 10am – 2 pm.  
  - **CKC**
- **Mums & Toddlers:** 9.30am -11.30am.  
  - **WCQR**
- **Pilates:** 9.30am -10.30am.  
  - **CKC**
<table>
<thead>
<tr>
<th>Event</th>
<th>Time</th>
<th>Venue</th>
<th>Frequency</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cults Hillwalkers</td>
<td>7 pm - 9 pm.</td>
<td>CKC</td>
<td>1st of month</td>
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<tr>
<td>Pilates</td>
<td>9.30am - 10.30am</td>
<td>CKC</td>
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<tr>
<td>3rd Cults Rainbows</td>
<td>4.30pm - 5.30pm</td>
<td>CKC</td>
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<tr>
<td>Friday Café</td>
<td>3.30pm - 6 pm.</td>
<td>CKC</td>
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<tr>
<td>Folk at the Hub</td>
<td>7.30pm - 10pm.</td>
<td>CKC</td>
<td>2nd of month</td>
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</tbody>
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**SATURDAY:**

Sinclair Highland Dance  | 9.30am - 2.05pm | WCQR  |             |

**SUNDAY:**

Jam                      | 10.30am - 11.30am | WCQR  |             |

For more information, please contact the Church office: 01224 869028 or cultsparishchurch@btinternet.com