

CULTS PARISH CHURCH ACTIVITIES : 2020

WC QR: Worship Centre, Quarry Road

CKC: Cults Kirk Centre, 404, N.Deeside Rd.

MONDAY:

Playgroup:	9.15-11.45am	Mary Hadfield	Tel: 07842 470828	(WCQR)
Probuss Bk GP (1st of month)	10-12 noon	Katie Dawson	Tel: 01224 316956	(CKC)
FeldenKrais	10.30-12.00 noon	Paolo Maccagno	Tel: 07795101173	(CKC)
Lunches:	12-2pm	Jacky Hatchwell	Tel: 01224 861736	(CKC)
Zumba Gold:	11am- 12 noon	Michelle Armstrong	Tel: 07729 622489	(CKC)
Sinclair Highland Dance:	4.45-7.10pm	Carolanne Sinclair	Tel: 07972 104774	(WCQR)
Badminton:	7.15-9.30pm	John Troup	Tel: 01224 732701	(WCQR)
Yoga:	6.30-8.30pm	Simone Barnett	Tel: 07985 384402	(CKC)

TUESDAY:

Playgroup:	9.15-11.45am	Mary Hadfield	Tel: 07842 470828	(WCQR)
Hub Cafe:	10.00-3pm	Tracy Gordon	Tel: 07503 867682	(CKC)
050 Bridge& Scrabble:	10-12 noon	Liz Thomas	Tel: 01224 869413	(CKC)
Cults Music to Remember (<i>alt weeks</i>)		Lillian Brown	Tel: 01224 742532	(CKC)
Tai Chi	10.30-12noon	Nils Faulkner Elders	Tel: 07729 107163	(WCQR)
Nimble Thimbles Quilt Group:	1.30-4.30pm	Mary Milne	Tel: 01224 713608	(WCQR)
Guild: (<i>alt weeks</i>)	2.30pm/7.30pm	Evelyn Sangster	Tel: 01224 868038	(CKC)
Taylor Dance:	4.00pm- 9.00pm	Taylor Dance	Tel: 07531 811506	(CKC)
Pilates:	6.30 - 8.30pm	Wallace Practice	Tel: 01224 316488	(CKC)
1st Cults Rainbows	5-6.00pm	Erica Meldrum	Tel: 07743 350600	(WCQR)
2nd Cults Brownies:	6-7.30pm	Jill Sutherland	Tel: 01224 734540	(WCQR)
Golden Girls: 1st of month	7.30-9.30pm	Myra Noble	Tel: 01224 867433	(WCQR)

WEDNESDAY:

Playgroup:	9.15-11.45am	Mary Hadfield	Tel: 07842 470828	(WCQR)
Scribes: 1st of month	9.30-11.30am	Isobel Archibald	Tel: 01224 867303	(CKC)
Zumba: Gold:	9.30 -10.30am	Tasha Duthie	Tel: 07747112495	(CKC)
Yoga:	9.30-10.45am	Fiona Webster	Tel: 07977 790648	(CKC)
Tai Chi	10.00-11.30am	Tina Faulkner Elders	Tel: 07729 107163	(WCQR)
050:	12-2pm	Liz Kilvington	Tel: 01224 867103	(CKC)
Flower Class:	2.00-4.00pm	Rena Cross	Tel: 01224 867663	(WCQR)
Yoga	7-8pm	Deborah Thompson	Tel: 07821 704826	(CKC)
Yoga:	7.00-8.30pm	Fiona Britee	Tel: 01224 487712	(CKC)

THURSDAY:

Playgroup:	9.15-11.45am	Mary Hadfield	Tel: 07842 470828	(WCQR)
Mother & Toddler:	9.30-11.30am	Ruxandra Vilau	Tel: 07413311392	(WCQR)
Baby Signing	9.30-11.30am	Diana Simpson	Tel: 07769 714830	(CKC)
Bible Study	10-11.30am	Peter Michie	Tel: 01224 868054	(CKC)
Fitness Classes:	10-12 noon	Laura Walker	Tel: 07773 021851	(CKC)
Pilates	11.30 -12.30	Marjie Millum	Tel: 07501 223270	(CKC)
Gentle Exercise:	2.30-3.30pm	Fiona Murray	Tel: 01224 702305	(WCQR)
Taylor Dance	4.00-5.00pm	Taylor Dance	Tel: 07531 811506	(WCQR)
Messy Church:	3.30-6.00pm			(CKC)
Pilates:	5.30-7.30pm	Wallace Practice	Tel: 01224 316488	(CKC)
Pilates for Golfers:	7.30-8.45pm	Helen Strachan	Tel: 07761733748	(CKC)
Carpet Bowls:	7.00-9.00pm	Doreen Gordon	Tel: 01224 869491	(WCQR)

FRIDAY:

Playgroup:	9.15-11.45am	Mary Hadfield	Tel: 07842 470828	(WCQR)
Pilates:	9.45-13.30pm	Solveig Dahle Smith	Tel: 01224 861421	(CKC)
3rd Cults Rainbows:	4.30-5.30pm	Shuna Dicks	Tel: 01224 861692	(CKC)
Detox Flow Yoga	6.00-7.00pm	Josie Crawford	Tel: 07446959638	(CKC)
Folk at the Hub:	7.30-10pm	Jan Johnson	Tel: 01224 867951	(CKC)
Friday Cafe:	3.30-6.00pm	Abbie Cassidy	abscass27@outlook.com	(CKC)

SATURDAY:

Sinclair Highland Dance:	09.30-12noon:	Carolanne Sinclair	Tel: 07972 104774	(WCQR)
Darul Bayan	9.45am- 12.45pm	Alyaa Mostafa	Tel: 0788634778	(CKC)

For more information, please contact the Church Secretaries on **869028**

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