

# Worship at Home

PRAYERS READING AND REFLECTIONS TO USE AT HOME WHEN GOING TO CHURCH IS NOT POSSIBLE



## Church at Home

By Rev Shuna Dicks

Welcome to our latest Worship at Home sheet. As always I have included prayers, reflections and readings for each week which I hope speak of the situation we live in and will bring some comfort and peace. Use as many or as few as you like. Opening and closing words are there to help you shape your personal time of worship. You may even want to set aside our usual gathering time of 10.30am on Sunday Morning as this will tie in with the online worship beginning.

Due to Government restrictions we have had to stop meeting for worship in the church on a Sunday morning. We will let you know as soon as we are in a position to worship together again.

In the meantime, if I or we as a congregation can be of any help to you at this time, please do not hesitate to contact me at the Manse. My phone number is 01224 861692.

With love and prayers.

*Shuna*

### Opening Words

God comes and does not keep silent,  
God calls to the heavens and earth,  
to God's faithful ones.  
We answer God's call.

God calls us each by name,  
chosen and loved,  
known and seen.  
We answer God's call,  
as we set aside this time for worship.

### Closing Words

We are children of the Covenant,  
living under the rainbow's arch and  
promise,  
now we close our time of worship  
and go in hope and grace,  
in love and wonder,  
to serve all creation  
and to be a witness  
to the mercy of God.

Or

Just as Jesus chose to descend  
the mountain once again,  
We follow him back into the world  
to bring love, healing and peace  
to our communities.  
May we go and serve  
in the name of God almighty,  
Father, Son and Holy Spirit,  
today, tomorrow and forever more.  
Amen

### BIBLE READINGS SUNDAY BY SUNDAY

7th February Mark 1:29-39

14th February Mark 9:2-9

21st February Genesis 9:8-17; Mark  
1:9-15

28th February Genesis 17:1-7, 15 &  
16; Mark 8:31-38

These are the readings we will be using for our online services for the next few weeks. If you use these then you will be 'with' us.

### DIAL IN TO WORSHIP

To listen to our service call  
01224 013222

and you will be able to hear a recording of the Sunday service from 10.30am each Sunday and throughout the week. There is a small charge for this service or it may be free depending on your telephone contract,



### AN EVERYDAY PRAYER

God of wonder,  
who made the world come into being  
who brought light into the darkness,  
who walked with people thousands  
of years ago,  
and still walks with us now,  
thank you for loving us,  
no matter who we are or where we are.  
We pray today for your help  
to make us better friends,  
better family members,  
to make us more loving,  
more caring, and more generous,  
help us as we try to follow you  
and live like Jesus,  
help us to make a better world and  
a better life for everyone.  
Amen

## Prayer

Rainbow God,  
parent of multi-coloured children,  
you do not favour red over green,  
orange over indigo, blue over yellow or violet.  
If your creation is anything to go by,  
you love diversity—so why do we fear it?

Rainbow God,  
each colour is beautiful in its own right,  
but nothing to the heart-stopping, smile-  
inducing  
finger-pointing beauty of all of them together  
in the rain-washed sky.  
If the rainbow is anything to go by,  
you long for unity—why are we so divided?

Rainbow God,  
landscape designer extraordinaire,  
you painted an arch in the heavens  
not just to make us smile on rainy days,  
but to remind yourself never again to give up  
on your creation, no matter how we provoke  
you.

If the Bible story is to be believed,  
you are flexible, generous and multi-faceted—  
how could we have got you so wrong?

Rainbow God,  
bless your rainbow children.  
Polish us up and put us on display  
as a sign of hope for the world.  
Amen.

## A reflection

Finding God in the rainbow  
no matter where we are:  
living through the pandemic,  
living through the climate change,  
living through the wilderness,  
finding God in the rainbow.

Finding God in the rainbow  
no matter who we are:  
celebrating diversity in his creation,  
celebrating hope in solidarity,  
celebrating promise of God's love,  
finding God in the rainbow.

Finding God in the rainbow  
no matter what we do:  
bringing peace to chaotic world,  
bringing light to the dark world,  
bringing joy to the suffering world,  
finding God in the rainbow.

Finding God in the rainbow  
no matter how we think:  
this is God who cares for us,  
this is God who walks with us,  
this is God who values us all.  
Let us find God in the rainbow.

## Reflection

As we look to the future  
in the midst of present realities  
our lives must reflect  
what God is doing within us.

Just as God promised to Abraham and Sarah  
in the midst of their time  
his covenant of grace and blessing  
continue to the here and now.

As we walk with God  
in the midst of uncertain times  
his promise is to be always with us  
wherever we are at different stage of life.

Following God's call to us  
in the midst of our daily tasks  
living our faith in the light of the past  
and for the generation to come.

## Something to think about 1

Do you have a family member, friend or neighbour who works in a Doctor's Surgery or a Hospital? (Not just doctors and nurses, but all who make it possible for such places to function...)

- Are they working long shifts and coming home late?
- Why not send them a card to say thank for all they do.

Take time to hold our healthcare system in prayer with thanks for all they do.

## Something to think about 2

This week, ask yourself two simple questions:

Where and in what do I see God's glory?

How can I share these moments and places with others?

## Something to think about 3

The natural phenomenon of the rainbow is beautifully used in today's story to envision God's hopeful promise of a new start.

What are the signs of hopefulness that you see around you today?

## Something to think about 4

If you are older, think about the younger generations around you and what you have been and are able to do for them.

If you are younger, give thanks for what an older generation has done for you, and what you can offer by way of service to them.

Who can you make contact with this week to offer a word of support and encouragement?

## Prayer

Eternally loving God,  
we thank you for all that we are,  
and all that you have given us.  
As we come before you in worship today,  
give thanks for your work in the world,  
for all those who have dedicated their  
lives to caring for others,  
for those who work tirelessly and  
thanklessly,  
we ask for your blessing on them  
and that we too may care for  
those around us, and all who cross our  
path.

We pray for those who are struggling  
with ill health in whatever form it takes,  
who worry about themselves,  
their families, their finances, their jobs.  
Hold them close to you, O God,  
guide them through their difficult times,  
bring healing and peace  
to your children who suffer.

We pray for your church,  
in Scotland and across the world,  
in these difficult times  
grant us the wisdom to see your vision  
that we might more fully serve you  
and each other.  
Amen.

## A reflective prayer

We look to our Saviour:  
in a gilded frame,  
long flowing hair,  
serene and content,  
white robe,  
and shining sun.

Is this him?  
Is this who he is?  
Is this who we follow?  
We look to our Saviour:  
in crowded streets,  
amongst dirt and noise,  
shouting people,  
crying children,  
busy, frustrated, tired.

Is this him?  
Is this who he is?  
Is this who we follow?  
We look to our Saviour:  
Fully man, fully God,  
walking with us, crying with us,  
laughing with us, healing with us,  
hoping with us, living with us.  
We look to our Saviour,  
today and every day,  
to be with us and guide us.  
Amen.

[Television Worship](#)  
*Reflections at the Quay*  
Sunday 11.30am BBC1  
*The Service*  
Sunday 12noon  
BBC Scotland